

## Overdentures supported by ASTRA TECH Implant System™

Prospective clinical studies with the ASTRA TECH Implant System™ show that the survival rate of implants placed in the mandible is the same when comparing overdentures and fixed bridges, irrespective of retaining system used<sup>1-11</sup>. The use of a ball abutment or a Locator™ for a non-splinted support, as well as the use of a bar attachment for a splinted support, is well documented with a follow-up of 1–4 years<sup>2, 3, 5, 6, 8, 12-24</sup>, 5 years<sup>1, 4, 7, 9, 10, 25, 26</sup>, and even 12 years<sup>27</sup>. The implants have been placed according to a 1-stage surgical technique<sup>2, 12, 19, 25</sup> or a 2-stage technique<sup>1, 3-6, 8-10, 17, 20, 26, 27</sup>. In addition, an immediate loading protocol has been used for overdentures supported by two unsplinted anterior implants, showing good clinical results<sup>16, 24</sup>. One clinical study evaluated the use of 4 short OsseoSpeed™ implants (6 mm) supporting a mandibular overdenture. After 1 year in function, the clinical results were promising, with 96% survival rate of the implants and maintained marginal bone levels<sup>28</sup>.

An overall healthy soft tissue response is reported, with only minor changes in marginal bone levels<sup>29</sup> and very few complications. The reported survival rate for implants ranges from 95% to 100%<sup>1-10, 16, 17, 20, 21, 24-27, 30, 31</sup>. Furthermore, high patient satisfaction has been reported<sup>4, 6, 15, 19, 20, 23, 25, 26, 30-34</sup>. The prosthetic and maintenance care is of great importance in achieving the successful outcome reported with this simple and cost-effective treatment option<sup>2, 3, 5, 7, 12, 16, 19, 25, 27, 32</sup>.

One clinical study compared the use of 4 and 6 OsseoSpeed implants for support of a bar and maxillary overdenture<sup>35</sup>. After 1 year, the clinical results and patient satisfaction were comparable between the groups, suggesting that, for cost-effective reasons, 4 bar-connected implants to support a maxillary overdenture is the method of choice<sup>35</sup>.

The conclusion is that the ASTRA TECH Implant System provides reliable and predictable support for overdentures in edentulous jaws.

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